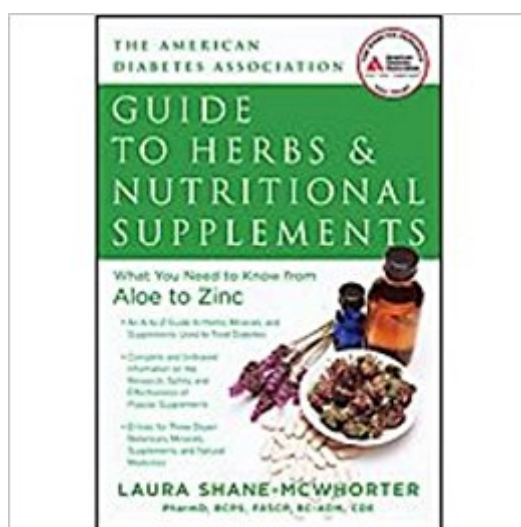


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# American Diabetes Association Guide To Herbs And Nutritional Supplements: What You Need To Know From Aloe To Zinc



## Synopsis

If you are taking, or are thinking about taking, an herb, nutritional supplement, or other natural product to treat your diabetes, you need reliable, unbiased information from the recognized expert on complementary and alternative medicine for diabetes. Here's everything you need to know about 40 of the most popular alternative therapies used for diabetes, including: purported benefits and suggested dosages; study and trial synopses; side effect and drug interaction listings; and much more.

## Book Information

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## Customer Reviews

Laura Shane-McWhorter, PharmD, BCPS, FASCP, CDE, BC-ADM, (Salt Lake City, UT) is Professor (Clinical) in the College of Pharmacy, Department of Pharmacotherapy of the University of Utah College of Pharmacy. She is a Registered Pharmacist and an active diabetes educator, both in Utah and nationally. She is also the author of the ADA professional book, *Complementary & Alternative Medicine (CAM) Supplement Use in People with Diabetes: A clinician's guide*.

Very Happy Shipped Fast

This book is very over-priced for the amount of information included. Very small list of herbs and supplements. You'd do much better to do free research on the internet.

Great product, fast delivery.

Nice read!

made a great gift. Came as described quickly. was much better than shopping in a traditional store. was recommended by a physician.

Handy reference for anyone with Diabetes who is contemplating using complementary natural supplements along with their medications. Took away one star ,because it could have been more comprehensive.however,still very useful.

Great resource book. A must have reference if interested in non pharmaceuticals along with prescription medications. Drug interaction charts are easy to read and understand.

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